



Maulana Azad College of Arts, Science & Commerce

Dr. Rafiq Zakaria Campus

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MINORITY INSTITUTE

NAAC Re Accredited Grade 'A'

UGC's Status: "COLLEGE WITH POTENTIAL FOR EXCELLENCE"

Ref. No. MAC: _____/20 -20 / _____

Additional Information

4.1.2 - The Institution has adequate facilities for cultural activities, sports, games (indoor, outdoor), gymnasium, yoga centre etc.

The institute focuses on overall development of the students through participation in co-curricular activities and extra-curricular activities. Outdoor and Indoor sports as well as participation in state and national level competitions is encouraged amongst students so as to spruce them with qualities like discipline, hard work, focus, leadership, team spirit and competitiveness. The college has strived hard to achieve excellence in every field following the goals and objectives and vision mission statements that have guided us all along in our journey. A fit mind, a fit body goes the saying that explains the importance of fitness in our everyday life.

The institute has a huge sports complex, indoor playing areas, well-equipped Gymnasium and fitness centre.

•The college has 1.68 hectare sprawling Naval Tata stadium, millennium gymnasium and sport complex.

•There is a play ground and large multi-gym with modern equipment for sportsmen and sportswomen .The college has well equipped facilities for indoor sports like Table-Tennis, Carrom, Chess, Judo and Taekwondo.

The college has a Department of Physical education which arranges sports activities and trains the students also. The department has also floated a quiz this year on Physical fitness , thus contributing to its awareness also. An external expert has trained our students for Cricket, Judo and Taekwondo. Sports festival has been held his year that showed overwhelming participation of both girls and boys of the college across several competitions that were conducted by the committees. Some of the students have also participated in half marathons, National unity run as well as college students also participated in Intercollegiate tournaments which are conducted by Dr. B.A.M.U. and National Level Inter-university competitions.

•The college does not compromise with the physical fitness of the students and thus communicates with the University/ associations for arranging sports activities in the college too. Dr. Rafiq Zakaria cricket tournament is arranged every year except this year on account of pandemic. Communications are done in advance to facilitate the necessary availment of sports facilities of the University if required. Some of the outdoor sports activities carried out are, Volleyball, Cricket, Football, Kabaddi, Khokho, Badminton, Basketball. Athletics and Lawn tennis.

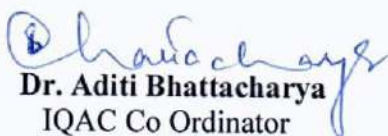
•Yoga: The college has a dedicated open air auditorium for engaging Yoga and Meditation sessions for improving mental and physical health of faculty and students. The college has arranged a webinar on yoga and mental health in which Dr. Jayant Baride, a renowned doctor and yoga expert spoke on benefits of yoga and demonstrated different yogasanas.

•Gymnasium: The institute has an in-house gymnasium facility which the faculty and students can avail. The gymnasium has facilities like pedocycle, fixed gear cycle, motorized treadmill, bench press, leg press, weights, résistance bands and dumbbells.


•Cultural activities are conducted on different occasions like first year induction, foreign students meet, Mushairas, Farewell programme, teacher's day, National and local festivals, college fest. Some of these programmes could not be conducted or have been virtually conducted due to the pandemic.

• The college has constituted many college committees and clubs to enhance the unseen talent of the students such as the Eco-Club, Co-curricular activities committee, Salim Ali Club, Science forum , Literary forum, Electoral literacy club, Red ribbon Club, Sports club, Android club , Coding club, Tourism club . Students join these clubs depending on their interest and are encouraged to actively participate and showcase their talents and skills.

•The activities contribute to the development of the overall personality of the students. Through these clubs students not only get an opportunity to participate in these events but are also exposed to organizational attributes, planning and meticulous execution that expands and showcases these skills too. All the clubs and activities are driven under the aegis of IQAC that provides a competitive platform for the holistic development of the students.


Dr. Aditi Bhattacharya
IQAC Co Ordinator

COORDINATOR
Internal Quality Assurance Cell
Maulana Azad College of Arts,
Science & Commerce, Aurangabad.


Dr. Mazahar Ahmed Farooqui
PRINCIPAL
Maulana Azad College
AURANGABAD.

MULTI-GYM CENTRE



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