

TEACHING PLAN

Academic Year 2015-2016

Class: B.A . Third Year
Subject: Abnormal Psychology
Periods per week: 04

Semester: Fifth
Paper no: PSY 113
Weeks: (Total):

Week	Topic to be covered
1	1.Abnormal Behavior in our times: i. What is abnormal Psychology?, What do we mean by Abnormal behavior ?
2	ii. Mental Disorders as Maladaptive behaviors' iii. Concept of normality and Abnormality iv. Differences between normality and abnormality
3	v. DSM IV & ICD – 10 classification of Mental Disorders vi. The problem of Labeling
4	Causal Factors and Viewpoints in Abnormal Psychology: i. What causes Abnormal Behavior? Necessary, sufficient and contributory causes
5	ii. Models or view points for understanding abnormal behavior ▪ The Biological causal factors
6	▪ Psychosocial causal factors ▪ The Socio-cultural causal factors
7	Panic, Anxiety and their Disorders: i. The Fear and Anxiety Response patterns ii. Anxiety Disorders
8	iii. Phobic Disorders iv. Generalized Anxiety Disorder.
9	v Obsessive – Compulsive Disorders vi. Treatment and outcomes : Psychological therapies
10	▪ Cognitive behavior and multimodal therapy
11	3.Somatoform and Dissociative Disorders: i. Somatoform Disorder ii. Summarization Disorder
12	vi. Dissociative Disorders a. Dissociative Amnesia and fugue. b. Dissociative Identity disorder.
13	c. Depersonalization disorder ▪ Casual Factors in somatoform and Dissociative Disorders: Biological,
14	▪ Psychosocial and Socio-cultural factors Casual Factors in somatoform and Dissociative Disorders

TEACHING PLAN

Academic Year 2015-2016

Class: B.A .Third Year
Subject: Organizational Psychology
Periods per week: 04

Semester: Fifth
Paper no: PSY 114
Weeks: (Total):

Week	Topic to be covered
1.	1. Historical context of organizational Behavior:- i. Definition of O.B. a. Goals and elements of O.B. b. Fundamental Concepts
2.	c. Nature of Organization
3.	d. Models of O.B. Autocratic, Custodial, Supportive and Collective models of O.B.
4.	ii. Contribution of Taylor & Fayoll
5.	2. Perspectives for understanding O.B. :- i. Open system approach ii. Human Relations perspective
6.	ii. Socio-technical approach iii. Developing an O.B. model Responsive to Indian realities
7.	3. Person in the organization:- i. Biographical characteristics ii. Personality Definitions and Measurement iii. Major Personality attributes affecting O.B.
8.	iv. Matching personality and job v. Personality and culture
9.	4. Values, Attitudes and job satisfaction:- i. Values: a. Importance of values
10.	b. Types of values c. Values loyalty and ethical behavior
11.	ii. Attitudes: a. Types of Attitudes b. Attitudes and Consistency
12.	c. Cognitive Dissonance theory
13.	d. Attitudes and work-force diversity
14.	iii. Job-Satisfaction: Definition of Job satisfaction Theories of J.S.
15.	a. Measuring J. S. b. The effect of J. S. on Employee Performance

TEACHING PLAN

Academic Year 2015-2016

Class: B.A .Third Year
Subject: Introduction to Counseling
Periods per week:04

Semester: Fifth
Paper no: PSY 116
Weeks: (Total):15

Week	Topic to be covered
1.	1. Definition of Counselling Psychology i. Importance of counseling, ii. Goals of counseling iii. Scope of counseling.
2.	2. Building counseling relationship i. Factors influencing the counseling process a. seriousness of the presenting problem b. structure
3.	c. Initiative d. physical setting
4.	e. client qualities f. counselor qualities ii. Types of initial interview
5.	a. client versus counselor initiated interview b. information oriented first interview c. relationship oriented first interview
6.	d. conducting the initial interview e. empathy
7.	3. Working in a counseling relationship: i. Counselor skills in the understanding and action phases. a. changing perceptions b. leading
8.	c. Multi-focused responding d. accurate empathy
9.	e. self disclosure f. immediacy
10.	g. humor h. confrontation i. Contracting
11.	j. Rehearsal k. Transference and counter transference
12.	4. Termination of counseling relationship a. function of termination b. timing of termination
13.	d. Issues of termination— i. termination of individual sessions. ii. termination of counseling relationship
14.	e. resistance to termination : Client resistance-counsellor resistance
15.	e. premature termination f. counselor initiated termination

TEACHING PLAN

Academic Year 2015-2016

Class: B.A .Third Year

Subject: Basics Concepts of Research Methodology

Periods per week:04

Semester: Fifth

Paper no: PSY 117

Weeks: (Total):15

Week	Topic to be covered
1.	1. Social scientific research: A. Meaning & characteristics of social scientific research. B. Types of research: i. Experimental research.
2.	a. Laboratory experiments. b. Field experiments
3.	ii. Experimental research. a. Field studies. b. Ex-post facto. c. Survey research. d. Case study.
4.	2. Problem, Hypothesis, & Variables: i. Meaning and characteristics of a problem. ii. Sources of stating a problem. iii. Important consideration in selecting a problem. iv. Types of problem. v. Meaning and characteristics of good hypothesis
5.	vi. Formulating hypothesis. vii. Ways of stating a hypothesis. viii. Meaning and types of variables.
6.	ix. Important considerations in selecting variables. x. Techniques of controlling extraneous variables. xi. Techniques of experimental manipulation of variables.
7.	3. Sampling: i. Population and sample. ii. Meaning and types of sampling. iii. Factors influencing decision to sample
8.	v. Probability sampling methods. a. Simple random sampling. b. Stratified random sampling
9.	c. Area/Cluster sampling. v. Non-probability sampling. a. Quota sampling. b. Accidental sampling.
10.	c. Purposive sampling. d. Systematic sampling. e. Saturation sampling. f. Dense sampling
11.	4. Techniques of data collection : (A). Questionnaire

	<ul style="list-style-type: none"> i. Various forms of questionnaire. ii. Characteristics of good questionnaire
12.	<ul style="list-style-type: none"> (B). Interview <ul style="list-style-type: none"> i. Steps in conducting interview. ii. Conducting the interview.
13.	<ul style="list-style-type: none"> iii. Types of interview. <ul style="list-style-type: none"> a. Diagnostic interview. b. Clinical interview. c. Research interview. d. Individual and group interview. iv. Advantages of interview.
14.	<ul style="list-style-type: none"> (C). Observation <ul style="list-style-type: none"> i. Types of observation. <ul style="list-style-type: none"> a. Structured and unstructured observation.
15.	<ul style="list-style-type: none"> b. Covert and overt observation. ii. Advantages of observation. iii. Conducting observational research

TEACHING PLAN

Academic Year 2015-2016

Class: B.A .Third Year
Subject: Psychopathology
Periods per week:04

Semester: Fifth
Paper no: PSY 119
Weeks: (Total): 15

Week	Topic to be covered
1.	1.Mood Disorders i. Unipolar Mood Disorders: a. Normal Depression, Mild to Moderate
2.	b. Depressive Disorder, Major Depressive Disorder ii. Bipolar Disorder : a. Cyclothymia, Bipolar disorder
3.	b. Schizo affective disorder iii. Causal Factors in Mood Disorders a. Biological and psychological factors
4.	iv. Treatment and outcomes a. Electroconvulsive therapy b. Psychotherapy
5.	2.Personality Disorders i. Personality Disorders a. Clinical Features of Personality Disorders
6.	ii. Types of personality Disorders a. schizoid, Schizotypal b. Histrionic, Narcissistic, Antisocial, Borderline. c. Avoidant, Dependent, obsessive compulsive.
7.	d. Passive-aggressive, Depressive. iii. Causal Factors in Personality Disorders iv. Treatment and outcomes
8.	3. The Schizophrenias and Delusional Disorders i. The clinical picture in schizophrenia ii. Problems in Defining Schizophrenia
9.	iii. subtypes of Schizophrenia iv. Causal Factors and Treatment
10.	v. Delusional (paranoid) Disorder
11.	a. The Clinical picture and Causal factors in delusional disorder
12.	vi. Treatment and outcomes
13.	4. Mental Retardation i. Level of mental Retardation
14.	a. Brain Defects in Mental Retardation b. Organic Retardation syndromes
15.	c. Cultural – Familial Mental Retardation d. Treatment, outcome and prevention.

TEACHING PLAN

Academic Year 2015-2016

Class: B.A .Third Year
Subject: Organizational Behavior
Periods per week:04

Semester: Fifth
Paper no: PSY 120
Weeks: (Total):15

Week	Topic to be covered
1.	Introduction to the syllabus 1. The individual in the organization: i. Motivation concept
2.	iii. Early theories of motivation iv. Need hierarchy theory
3.	iv. Theory X and Y v. Two factor theory
4.	vii. MBO Behavior modification vii. Employ involvement programs
5.	2. The group and organization i. Nature, types, and stages of group development ii. Conditions affecting group functioning of organizational structure
6.	iii. Authority systems, personal selections,
7.	v. Conditions affecting group functioning of organizational structure
8.	ii. Performance evaluation and reward systems, iii. vi. Organizational culture and physical setting,
9.	3. Communication in organizations: i. Communication model,
10.	ii. Barriers and sources of distortions, iii. Directions and network of communications
11.	iv. Communications and decision making, v. Cross-cultural communications
12.	4. Leadership in organizations i . Nature and types,
13.	ii. Behavioral theories,
14.	iii. Contingency theories and contemporary issues in leadership
15.	iv. leadership and Power v. Bases of power and power in action

TEACHING PLAN

Academic Year 2015-2016

Class: B.A .Third Year
Subject: Counselling In Action
Periods per week: 04

Semester: Fifth
Paper no: PSY 122
Weeks: (Total): 15

Week	Topic to be covered
1.	1. Theories of counseling: i. Psychoanalytical ii. Psychoanalysis
2.	iii. Adlerian iv. Humanistic v. Person-centered counseling
3.	vi. Existential counseling vii. Gestalt therapy viii. Behavioral counseling
4.	ix. Rational Emotive Behavior Therapy x. Reality therapy xi. Cognitive therapy
5.	xii. Structural family counseling xiii. Strategic or brief counseling xiv. Brief cognitive approaches : solution focused
6.	a. counselling – narrative counselling – crises b. counselling. 2. The Importance of Career counseling : i. Career information ii. Career development theories and counseling
7.	a. Trait and Factor theory b. Developmental Theory c. Social cognitive career theory
8.	iii. Career counseling with diverse populations : a. with children b. with adolescents c. with college students
9.	d. with adults e. with women f. with minority groups g. with sexual deviates
10.	3. Marriage, Couple and Family Consoling: i. The changing forms of family life ii. Family life and family life cycles iii. Marriage/family counseling versus individual / groups counseling
11.	iv. Overview of Marriage, Couple and Family counseling v. The process of marriage, Couple and Family counseling vi. Termination of counseling.

12.	4. College Counseling and student life Counseling : i. College counseling a. Emphases and roles b. Activities ii. Student life professionals
13.	a. Emphases and roles b. Activists
14.	iii. Counseling with nontraditional students a. Older students b. Part time students
15.	c. First generation students d. Minority culture students

TEACHING PLAN

Academic Year 2015-2016

Class: B.A .Third Year

Subject: Fundamentals of Behavioral Research.

Periods per week :04

Semester: Fifth

Paper no: PSY 123

Weeks: (Total): 15

Week	Topic to be covered
1.	1. Research Designs: i. Meaning and purpose of research design. a. Experimental Variance b. Extraneous Variance or control Variance c. Error Variance
2.	Criteria of Research Design a. Capability to answer research question adequately b. Control of Variables c. Generalizability Characteristics of good and research design.
3.	iii. Basic principles of experimental design. a. Replication. b. Randomization c. Local Control.
4.	iv. Variance: a..Types of variance b. Experimental control of variances.
5.	2. Types of research design. i. Between groups design.
6.	a. Randomized groups design. b. Matched groups design.
7.	c. Factorial design. <ul style="list-style-type: none">• Definition of factorial design• Characteristics of factorial design
8.	ii. Within-Groups design. Comparison of Between-Groups Design & Within-Group Design
9.	a. Single subject design. b. Repeated measures design

10.	3. Quasi-Experimental design. a. Meaning and Types of quasi experimental design. b. Time series design.
11.	c. Equivalent time series design. d. Non-equivalent control group design.
12.	e. Counterbalanced Design f. Separate-Sample-Pretest-Posttest Design
13.	Chapter 4. Writing research proposal and research report. a. General Purpose of Writing a Research Report b. Structure and format of research report.
14.	c. style of writing a research report d. Preparing a research proposal.
15.	e. Review Questions All Chapters Revision